



My First Book of Knots (2014)

Berndt Sundsten

Indigo: \$12.95

Amazon: \$12.82

Possible Knots to Master:

*overhand knot

*figure-eight knot

*constrictor knot

*fisherman's loop

*monkey's fist

*timber hitch

Classroom Tips

- directions for new knots projected on white board
- students orally share other tips for mastery and encouraging words to classmates during practice
- rope lengths stored in student desks (not shared)
- knot tying could be an "I'm finished" activity or something to practice while waiting during transition times
- "knot tying" classroom badge when certain number of knots can be demonstrated
- front pages of this book offer a good instructional text on the history and origins of knot tying for a reading activity



Rope Specifics

- Dollarama \$1.50/15 metres
- Measure lengths according to how many you will need (I did 75 cm or 20 pieces/spool)
- melt the ends over a candle or lighter to seal
- get kids to sharpie/marker their initials into the rope to label

Important: Be sure to have the safety discussion about not tying the rope around body parts. Depending on the age of your students, this may not be a suitable activity.

